


Issue 10 / May 2023

# LINCOLN CHRONICLE

*By Students, For Students*

 OpenAI

 ChatGPT

**Discover  
the World**



LINCOLN CHRONICLE  
By Students, For Students

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# *Editor's Note*

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Dear Lincoln Chronicle Readers,

Welcome to the Spring 2023 Issue of Lincoln Chronicle. We are excited to bring back to you another issue full of engaging content that highlights the achievements, events, and stories from our Lincoln Community.

Our team has worked tirelessly to bring you articles that cover a wide range of topics, including student life, academics success, events and more.

We hope that you find our issue informative, inspiring and enjoyable.

We are proud to have such a talented and diverse student body, and we strive to showcase their experiences through our publication. We believe that sharing these stories helps to build a sense of community within our school and allows us to learn from one other.

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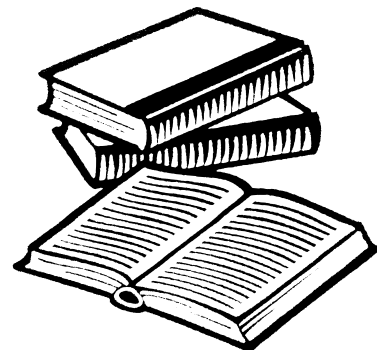
Lincoln Chronicle  
401 15th Street, Oakland, CA 94612

**Zarafshaan Nadeem**

Editor-in-Chief

**Nicole Marsh**

Advisor



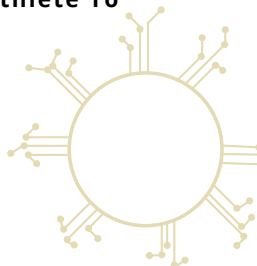
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# Risks and Rewards of AI

**ChatGPT** generative pre-trained transformer (GPT) has become a new buzzword in a matter of a few months. I personally tried ChatGPT several times, and every time I interacted with it, it surprised me more. The more I explored this large language model, the more curious I became. This curiosity eventually led me to the conference called “Beyond ChatGPT: Stuart Russell on the Risks and Rewards of A.I.” organized by the Commonwealth Club of California.

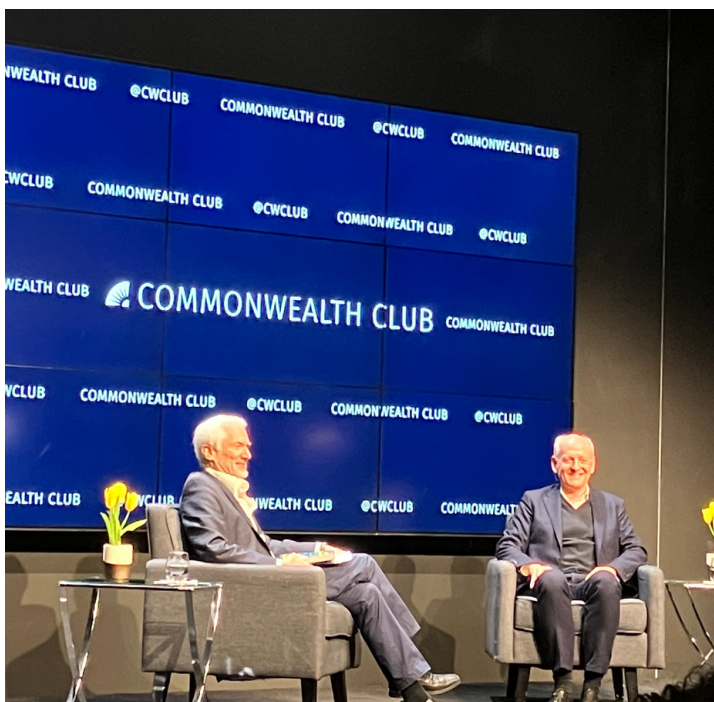
I was very fortunate to meet Stuart Russell who is a Computer Scientist, a Scholar, a Researcher and the Professor of Computer Science at the University of California, Berkeley and receive a copy of his book called “Human Compatible” .



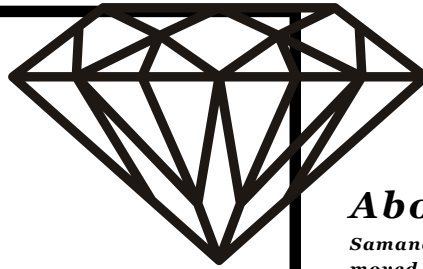
*Nozimjon Tojiddinov with Professor Stuart Russell*

Insights he shared about the latest developments in AI, and the power of ChatGPT truly amazed everyone in the conference hall. One of the three questions I asked him was whether there was a kill-switch in case the AI gets out of control, and his answer was positive. However, when I asked ChatGPT the same question “is there a kill-switch for you?” and the response I got was the following: “As an AI language model, I do not have a kill-switch that can be used to shut me down completely.” It was an interesting response, but it was scary at the same time. I highly recommend that you watch the video of the conference available on [YouTube](#).

Russell’s responses gave us insights on the potential risks and rewards of AI. Although AI has a lot of capabilities, it still has limitations.



# SHINE LIKE A DIAMOND: A GLANCE AT A WOMAN'S LIFE IN IRAN



## ***About the Author***

*Samaneh Nademi was born in Iran, and moved to the U.S. in 2022 to pursue her master's degree. She began her MBA program in Seattle, Washington, and transferred to Lincoln University in Spring 2023. Nademi has always been concerned about injustice and tyranny against women, and fascinated by the life stories of strong women. She has learned so much from the stories of these women overcoming discrimination, achieving success, and shining brightly.*

Imagine yourself as a 7-year-old girl attending an all girls school forced to wear a uniform which completely covers your hair and entire body.

Imagine you are an athletic woman who is expected to compete in a volleyball or soccer competition while wearing a full hair and body-covered uniform as part of a mandatory requirement.

Consider yourself a fan of your favorite sports team, but your attendance at the stadium to watch and support them is prohibited.

Imagine you are a woman growing up with a passion to pursue a high level position in politics, but you are told that you cannot be considered because you are a woman.

Imagine, as a woman over 18, you are prohibited from going abroad without the notarized consent of either your father (if you are single) or your husband.

Can you imagine the possibility of your government permitting your husband to legally be married to a second wife, and not permitting you to divorce your husband for this reason?

Despite the fact that the new generation of young Iranian men opposes this unfair and anti-woman law, the shadow of this unjust regulation spreads insecurity amongst women in the country and makes them feel uncomfortable to ever want to get married. Sadly, the worst case scenario occurs in child custody, where the legislators have granted the right to men, and women are permitted to have custody only until their children become 7 years old.

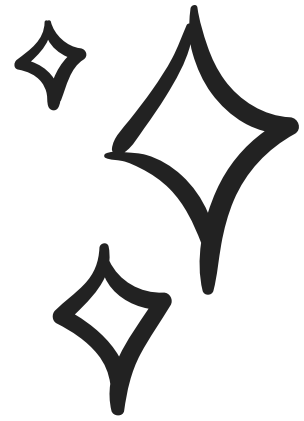
These seemingly absurd and illogical circumstances are only a small part of the tyranny that women in Iran have endured for the past 45 years. The reason behind these misogynistic laws goes beyond the scope of this article. However, the primary reason is that the authorities believe according to Islamic religion, in order to maintain a healthy society and to prevent moral deviations, women need to cover their bodies and be more restricted, and under the control of men.

In spite of all these sad and hard-to-swallow facts and limitations, the most interesting aspect of this real story is that Iranian women are recognized as educated and successful citizens in their country as well as the world. Although the percentage of women in the labor force in Iran remains below 20 percent, female students have increasingly outnumbered males in higher education, accounting for approximately 60 percent of university students. And, as of 2020 women's literacy rates reached 85.5 and men's literacy rates reached 80.8 percent. ([IranWire](#); [The Iran Primer](#).)

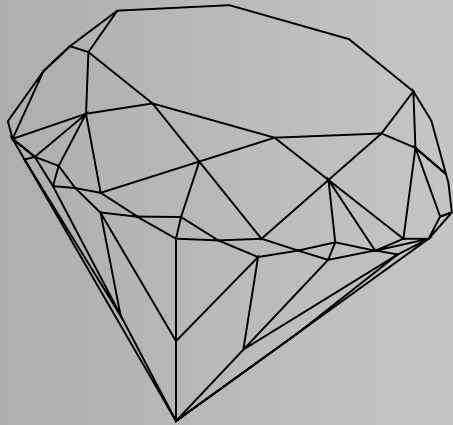


**Mahtab Kermati, Iranian actress, Jury President at ImagineIndia 2020 (Photo from ImagineIndia Festival)**

One important point worth mentioning is that the women of Iran have realized in their hearts that no one is coming to grant them their rights, so they must build opportunities from obstacles and not allow inappropriate and restrictive legal conditions to prevent their improvement and development. Over time, they have become aware of the importance of higher academic education to regain their lost rights. They have become entrepreneurs, doctors, surgeons, astronauts, dentists, physicians, athletes, painters, actresses, teachers, engineers, biologists, lawyers, psychologists, writers, fashion designers, and many other professions.



Listed below are just a few examples of successful Iranian women recognized internationally for their brilliance, intellect, and strength. To name a few:

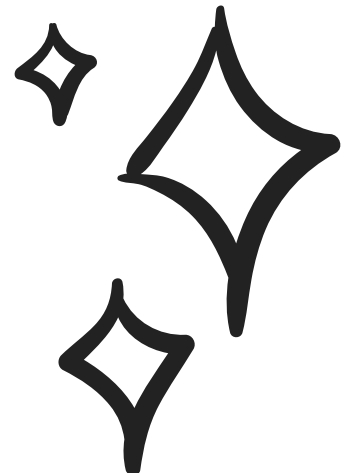


- **Maryam Mirzakhani** - 1st and only woman to win a Fields Medal, the most prestigious award in mathematics
- **Anoushe Ansari** - 1st female space tourist
- **Shirin Ebadi** - Nobel Peace Prize winner
- **Fatemeh Moghimi** - winner of the 1st Asia-Pacific Women Entrepreneur Award
- **Shirin Neshat** - winner of the Silver Lion for Best Director at the Venice Film Festival
- **Simin Behbahani** - twice nominated for the Nobel Prize in Literature
- **Fereshteh Karimi** - winner of 1st AFC Women's Futsal Championship, and one of top 10 nominees by AFC of best woman player in the world.
- **Kimia Alizadeh** - bronze medalist in Taekwondo at the Olympic Games Rio 2016
- **Amir Ebrahimi** - winner of Cannes Best Actress prize
- **Zahra Nemati** - winner of Olympic and Paralympic gold medals

TIME Magazine named [The Women of Iran](#) as the "2022 Heroes of the Year" for their bravery, especially in the revolution that began last year with the slogan "women, life, and freedom."

Iranian women grow up with a mindset of creating their own beautiful world, creating a desirable and pleasant environment that is appealing to both men and women, nurturing a wiser, more informed, and educated generation, and living a normal life believing that women are life and must have freedom.

The story of Iranian women beautifully demonstrates that a woman's willpower is beyond human comprehension. There are no limits to what it can accomplish. Her beliefs and mindset turn the impossible into the possible, enabling them to move mountains, neutralize harsh laws, and impact change. They are the true definition of diamonds, formed under extreme pressure, and nobody can dull their shine.



# Navigating Two Worlds: The Life of a Nepalese Girl in America



The professors at are friendly and always motivate us to participate in class activities, and they value our opinions. Also, the school provides scholarships for international students, and I've been fortunate to receive it twice. Lincoln is a really close community, and students feel an emotional connection to the university, which is the best thing about it.

Being an International student is very hard sometimes, but these challenging situations teach us the greatest lessons. I'm grateful that I've learned so many things, and grown so much, in these two years.

Moving to a new country can be both exciting and difficult, especially when it involves leaving behind everything you've ever known. I grew up in a small city in Nepal, surrounded by family and friends who shared my cultural background.

Back in my country, I had my own online printing startup, called "Cushions and Creations," in which we customized cushions, phone cases, t-shirts, cups, and many gift items. I did my undergraduate degree in social work, but my interest in business was growing daily. I realized that an MBA degree would be great for my future career.

I always had a fascination with America, and dreamed of one day traveling there to experience the opportunities and freedoms that the country represented. When the moment presented itself for me to study in the U.S., I knew I needed to grab it. I worked hard, passed the interview, and made it here.

I am glad that I am currently pursuing my MBA degree at Lincoln University. It has offered me the opportunity to study in the U.S. and to fulfill my dreams. I also got the chance to work at Lincoln University Library, which always felt like a safe place for me. Working here has boosted my confidence and enabled me to interact with many students. My favorite thing about studying at Lincoln University is that I have friends from many different countries. I've had the chance to get to know them and their cultures intimately.



# Professors in Palm Desert Soccer Tournament



*Professor & President, Mikhail Brodsky, and Professor, Alexey Brudno (right to left)*

Lincoln University Professors, Mikhail Brodsky and Alexey Brudno, participated in the American Senior Soccer tournament in Palm Desert, CA in February 2023.

The tournament lasted four days, and the Silver Fox team performed very well, playing in the final and getting a silver medal with an impressive record of +4 (wins) -2 (losses) =0 (ties).

Besides fantastic scenery and an enjoyable atmosphere, this event also raised LU awareness among the very influential senior community and their kids!! 😊



# Celebration of Diversity: Cultural Day '23



On April 23, 2023, Lincoln University celebrated Cultural Day, an annual event organized by Student Services. Students, faculty, and staff came together to celebrate and appreciate the many different cultures that make up our community.

Cultural diversity is an integral part of any university campus, but for Lincoln University it is the heart of what makes us unique.

Students dressed in traditional clothing from their respective countries. And, one of the highlights was learning about and sampling traditional foods from around the world.

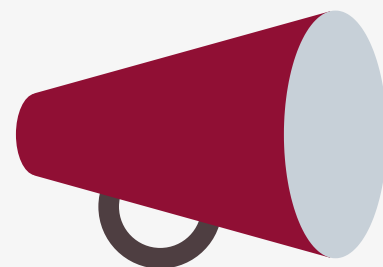
The event provided an opportunity to learn about different cultures, taste new foods, listen to new music, and connect with people from all over. This day is reminder that we are all part of the same global community and that diversity is a strength to be celebrated and cherished.



# Fan Gear - Go Lincoln OAKS!

Great news! You can now get yourself Lincoln spirit gear and apparel and support the University and athletics.

## Go Lincoln OAKS!



Shop Now and Score 20% Off on Orders \$100+ Code: **MAY23** - Exclusions Apply

Grand Opening Offer: 25% Off Everything Code: **SPIRIT** Limited Time Only!



Now until 6/01/23 you can receive an extra 25% off your purchase:  
<https://sideline.bsnsports.com/schools/california/oakland/lincoln-university>

# MEET ZORANA: STUDENT, PEER TUTOR & COFFEE CONNOISSEUR



Ms. Zorana Milovanovic became a peer tutor for Lincoln University's Academic Success Center in 2021. She coaches students in Math and English. In April 2023, Zorana shared her experience as a tutor with the Lincoln Chronicle.

**Editor:** "Tell us about yourself, your hobbies and interests, and what you are studying at Lincoln."

**Zorana:** "I'm an international undergraduate student from Belgrade, Serbia. My major is international business. Before I came to Lincoln, I graduated in accounting and auditing, which is my passion, and I'm pursuing my career in accounting. My hobbies and interests... Well, I'm a huge coffee lover, and I love exploring new places with amazing coffee. I love reading, doing research, and learning new skills."

**Editor:** "What motivated you to become a tutor?"

**Zorana:** "I love helping other people anyway I can, so becoming a tutor was an obvious choice for me."

**Editor:** What do you do as a peer tutor?

**Zorana:** "As a peer tutor, I'm helping undergraduate students understand the subject better. I explain things that confuse them; we go to problem-solving exercises together; and I always give them extra materials and tips that were useful to me when I was studying the same subject."

**Editor:** "How long have you been tutoring students at Lincoln?"

**Zorana:** "I have been tutoring students for three semesters."

**Editor:** "What are two things you love about tutoring?"

**Zorana:** "My students and the ability to transfer knowledge and help them."

**Editor:** "What are challenges you came across with students while tutoring?"

**Zorana:** "The biggest challenge for me was when I came across a problem-solving exercise that I don't know how to solve and needed to explain it to other students. None of us are professionals, so things like this happen sometimes."

**Editor:** "How do you measure your students' progress?"

**Zorana:** "I'm not a professor, so I'm not grading them. My job is to help them excel in their studies. But I'm happiest when I see them able to do some tasks without my help that previously they didn't know how to do at all."

**Editor:** "How has the Academic Success Center helped your development?"

**Zorana:** "Being a tutor helped me revise everything that I had learned. It made me see what my pain points are, and it helped me overcome them. The Academic Success Center made all of that happen. As a part of the ASC, I participated in the creation of the ASC Welcome Video, which advanced my public speaking skills. I was also awarded the Outstanding Tutor Award two semesters in a row. All of this gave me a jump start in my internship search and professional career."

**Editor:** "In your opinion, what are the three top qualities required to be a good tutor?"

**Zorana:** "Patience, respect, and a clear desire to help students achieve their maximum potential."

**Editor:** "What suggestions would you like to give students who want to be tutors?"

**Zorana:** If you want to be a tutor, prepare materials like a professor would, approach students like a friend would, and do your best to prepare them for the next midterm or final. Make your student feel comfortable with you, and try to make your tutoring sessions fun. Encourage your students and let them know they can pass that exam.

**Editor:** "What will you miss the most about this job after you graduate?"

**Zorana:** "I will miss my students the most. I had so much fun tutoring them online and in person."

# Introducing New Student Services Director Ms. Iman Bearde

*Ms. Iman Bearde, an Oakland native, joined Lincoln University as Student Services Director in January 2023. She brings a wide range of experiences and enthusiasm, which she shared in a video interview on April 11, 2023.*

**Editor:** "Student Services plays a vital role in every educational organization, so we would like to ask a few questions to help Lincoln students get to know you better. To start with, can you tell us a little about yourself and your past experiences before joining Lincoln?"

**Ms. Iman:** "I was born and raised in Oakland, California, so Oakland is home for me. I have a long-standing history in sports -- coaching and playing -- and I've had vast experience in many different categories of life. I've done admin positions before, and I was in sales, but I decided to transition to something more developmental, where I can have a bigger impact on students like yourself."

**Editor:** "What sparked your interest in sports?"

**Ms. Iman:** "My parents didn't know what to do with me, and I had too much energy, so they threw me into soccer. And from nine years old until now I've been stuck to it, and I love it. It will always be a part of me."

**Editor:** "What do you think are the biggest challenges facing students today, and how do you plan to address those challenges in your role?"

**Ms. Iman:** "I think kids have almost too much access, and everything is findable, doable, and searchable on their phone. So, I think our challenge as a school is meeting them where they are in their ability to access things. We can update, stay relevant, and give them tools that will help them in this quickly accessible world. I would say one of the challenges is just getting everyone on board in the same direction."

**Editor:** "How can students get involved with student services, and what types of services does Lincoln need and require?"

**Ms. Iman:** "I really feel like we need more student involvement. I am a big advocate of giving students a well-rounded experience. I know we're a small campus and we don't have the typical facilities that a huge university has, so I think the more we can involve the students in these social activities, whether it be workshops, going out to events, or hosting things here like cultural day coming up. I really feel like the student engagement needs to rise and increase so that Lincoln students can get a full well-rounded experience here and not just go to class and then go home."

**Editor:** "In your opinion, what are the most important services that student services should provide to students, and how will you ensure that they are made accessible and effective?"

**Ms. Iman:** "Definitely health insurance is a big part of Lincoln University's student services. A lot of us are coming from other countries or other parts of the states, so making sure that obviously they have health insurance is a big one. Also, finding jobs, you know, once kids graduate. We want to strengthen our network and our alumni group so that when our students graduate, they have a network to kind of lean on once they're off the campus."



**Editor:** "What advice would you give a student who is unsure how to approach student services or may feel hesitant to seek help?"

**Ms. Iman:** "I would definitely say find someone who's not hesitant and have them drag them into student services and come knock on our door. My door is always open for anyone who wants to ask questions, sit in there, and just talk. My door is open for anyone for any reason, so come on down."

**Editor:** "So, what upcoming changes should the students of Lincoln expect from the student services?"

**Ms. Iman:** "I definitely want to put together more social activities for you guys. I feel like student services needs to up their game and do a better job of engaging you guys in all kinds of events and social outings so that you guys feel part of a student body and part of Oakland. Oakland is a wealth of food, culture, diversity on many levels, art, music, and I think I want to expose you guys to all that Oakland has to offer."

**Editor:** "So we hear that Ms. Iman said that the student services is ready to up their game. So, we should also up ourselves and not hold us back and bring out the energy and whatever aspirations, dreams, enthusiasm we have come here for and put ourselves together and join hands with the student services."

# Discover The Computer History Museum



The Computer History Museum in Mountain View, California, is a must-see for anyone interested in exploring the evolution of technology—where it came from and how it's used today. The museum is a tribute to the evolution of computers, laptops, mobile phones, supercomputers, mainframe computers, and robots. Your tour will span the earliest computing machines to modern-day technological advancements.

The museum has a section dedicated to the history and development of artificial intelligence (AI). The exhibit showcases some of the earliest AI programs and machines, as well as more recent breakthroughs in the field.

The robotics exhibit is one of the most interesting areas to discover. It showcases how robots have evolved over the years and how they are transforming various industries. For example, featuring robots used in manufacturing, healthcare, and space exploration.



# 5

## Tips for Exploring the Computer History Museum

**Plan your visit ahead of time:** The Computer History Museum is a popular destination, and tickets can sell out quickly. To avoid disappointment, it's best to book your tickets in advance. There are a range of ticket options available to suit different budgets. Be sure to use your Student ID for a discount.

**Check out the exhibits:** The museum has a vast collection of artifacts and exhibits, including rare computers, documents, and photographs. Some of the highlights include the Cray-1 supercomputer, the Apple I, and the Google self-driving car.

**Attend a guided tour:** If you're interested in getting a deeper understanding of the exhibits, consider attending a guided tour. There are a range of tour options, led by knowledgeable guides who can provide valuable insights into the history of computing. These include a general tour, a technology tour, and a highlights tour.

**Take part in interactive exhibits:** Get hands-on with technology. From programming robots to creating virtual reality experiences, these exhibits are a great way to engage with the history of computing in a fun and interactive way.

**Visit the gift shop:** If you're looking for a memento of your visit, the museum gift shop has a range of souvenirs, books, and other items related to the history of computing. You can find a CHM-themed t-shirt, poster, or vintage computer game. There is something for everyone.



# TREASURES IN SAN FRANCISCO

March 3, 2023

The tour organized by Lincoln University to the San Francisco Public Library was a remarkable experience. The journey began at the bustling 12th Street BART station. We disembarked at Civic Center station, and headed to the San Francisco City Hall, an imposing structure that exudes an aura of ancient Rome.

Next, we made our way to the main branch of the SF Public Library, where we were greeted with a treasure trove of knowledge spanning eons. It was founded in 1897, and the new location opened in 1996. The vast collection of books was awe-inspiring, and I gained a glimpse into the library's resources and significance.

After a fascinating visit to the library, we stopped by the iconic Ferry Building for lunch. The waterfront marketplace was abuzz with activity, and the food options were diverse and delicious.

Towards the end of the trip we took a leisurely ferry ride back to Jack London Square in Oakland, enjoying the stunning views of the San Francisco Bay. Overall, the tour was an idyllic adventure that reminded me of the value of meaningful experiences. It reinforced the idea that while trips and tours can be purchased, it's the memorable experiences that are truly priceless.



DANNY EGBUCHE - PHOTOGRAPHER & VIDEOGRAPHER



# WORDS OF WISDOM: PROFESSOR AITYAN REFLECTS ON 18 YEARS AT LINCOLN UNIVERSITY



*After 18 years, beloved professor, Dr. Sergey Aityan, retired from Lincoln University. Before moving on to pursue his many other interests, Dr. Aityan agreed to share a few words of wisdom with Lincoln Chronicle. Here is the transcript of the conversation on December 5, 2022, between Professor Dr. Sergey Aityan and Lincoln Chronicle Editor-in-Chief, Zarafshaan Nadeem.*

**Editor:** "Today, we have with us one of the most beloved professors of Lincoln University, Dr. Sergey Aityan. He's been a professor of Economics, Management Information System, Computer Science, and Business Finance. He has taught a lot of subjects, and he's been the chairman of MIS Department. We welcome you, sir, for today's interview. Thank you. So, I would be asking you a few questions.

**Editor:** "How many years have you been a part of the Lincoln family?"

**Dr. Aityan:** "I've been here for 18 years now. That's a long time."

**Editor:** "Would you like to enlighten us about your experience here at Lincoln?"

**Dr. Aityan:** "As I've been here for 18 years, it means that I've had a positive experience, and I love teaching students. I do a lot of research. I love it."

**Editor:** "How would you describe your teaching style?"

**Dr. Aityan:** "My teaching style, some people may like it, some people may not like it. I don't deliver just facts to my students. My major goals and my major objectives in teaching students is to teach them how to think. So, to understand things rather than memorize things. This is my teaching style."

**Editor:** "What are your personal and professional interests?"

**Dr. Aityan:** "I have many professional interests, therefore I was the director of the Multidisciplinary Research Center. I have multiple backgrounds. I started as a strategic physicist and mathematician, then I switched to theoretical biology. I've done a lot of work in theoretical computer sciences, particularly in artificial intelligence, then economics, business. I've published many papers in all these areas, and books. So, to summarize, I have multidisciplinary interests. My personal interests... I'm interested in humans and people, definitely. I'm also interested in sports. I swim every day, and I'm a pilot. I fly planes, really. Yeah, I have many fascinating interests, so I have no time to be bored."

**Editor:** "That's amazing. So, Professor, what are your greatest successes or accomplishments in your entire working career at Lincoln?"

**Dr. Aityan:** "I would prefer others say what's my greatest success and accomplishment. I don't ever think I could, so let's let other people be the judge."



**Editor:** "That's a great answer. So, what have been the most significant changes in Lincoln since you started, and what changes were for the better?"

**Dr. Aityan:** "When I joined Lincoln University, it was a very small school, practically unknown. I hope that I was a part of the growth of Lincoln University, just one of many faculty and staff who helped develop the great success of this university."

**Editor:** "So, what are the other changes that you foresee in the coming years?"

**Dr. Aityan:** "Well, definitely, nothing in this world is perfect, right? I believe that Lincoln University can continue to improve its quality of education and research, expand its academic programs, and enhance its reputation in the academic community. I also think that it's important to focus on attracting and retaining talented faculty and staff, as they are the backbone of any great institution."

**Editor:** "Now, I'd like to ask you about your advice for your students. What should they focus on, and what skills should they develop to succeed in their careers?"

**Dr. Aityan:** "Well, first and foremost, I think it's important for students to develop critical thinking skills and to be able to analyze complex problems. They should also focus on developing their communication and interpersonal skills, as these are essential for success in any field. In terms of specific skills, I think that students studying economics should have a strong foundation in mathematics and statistics, as these are important tools for analyzing economic data. They should also be familiar with economic theory and the various schools of thought in economics."

**Editor:** "Finally, I'd like to ask you about your future plans. What do you see yourself doing in the next few years?"

**Dr. Aityan:** "Well, I plan to continue teaching and conducting research, as these are my passions. I also hope to publish more books and articles on various subjects, including economics, artificial intelligence, and other areas that I'm interested in. Additionally, I plan to continue flying planes and swimming, as these are my hobbies that help me stay active and healthy."

**Editor:** "That's wonderful, and we wish you all the best in your future endeavors. Thank you so much for joining us today, Dr. Aityan."

**Dr. Aityan:** "Thank you for having me. It's been a pleasure."





# MAY

# IS MENTAL HEALTH AWARENESS MONTH

## #breakthestigma

Source: Harvard Street Neighbourhood Center Inc.

Social anxiety disorder. Obsessive compulsive disorder. Major depressive disorder. Borderline personality disorder. Post-traumatic stress disorder. Generalized anxiety disorder. These labels describe a few mental health challenges. You might have experienced some of these (or other) difficulties yourself, or know someone who has. You, and they, are not alone.

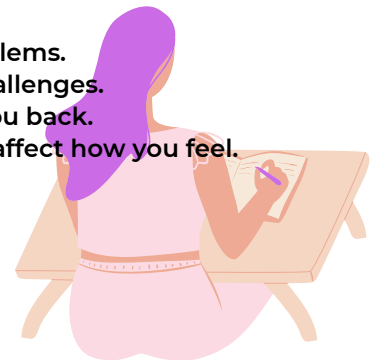
As May 2023 begins, so does Mental Awareness Month – a time to raise awareness, reduce stigma, and promote importance of mental health and well-being. This year's Mental Health Awareness Month is particularly important, as the COVID-19 pandemic brought to light the critical need for mental health support and resources during tough times.

Even the most confident and capable individuals amongst us can be struggling with mental health issues. It is essential to prioritize our mental health, just as we do our physical health, and seek help when we need it. We must create a culture around ourselves that reduces the stigma around mental health and promotes awareness of the resources available to help us overcome the struggles. Remember, it's okay to not be okay, and there's no shame in asking for help.

## Self Care Tips

### Find help to

- Develop plans for solving problems.
- Feel stronger in the face of challenges.
- Change behaviors that hold you back.
- Look at ways of thinking that affect how you feel.
- Heal pains from your past.
- Figure out your goals.
- Build self-confidence.



### Connect with others

- Build connection, which is an antidote to stress.
- Create increased vulnerability with someone else, which strengthens a bond.
- Foster the feeling that you are not alone.
- Provide a space to gain perspective on the difficulty you're experiencing.

### When providing support to others

- Be an active listener.
- Be careful not to compare; it can make someone feel like their pain isn't valid.
- Do not judge; put your personal opinions and biases aside.
- Ask what you can do to support them.
- Keep your word; when a person is struggling, the last thing they need is to feel abandoned by someone else.

# MAKING HISTORY: FIRST STUDENT ATHLETE TO GRADUATE FROM LINCOLN



**Editor:** "Tell us about yourself."

**Deon:** "My name is Deon Maurice Antonio White. I am from Stockton, California. I was a former student athlete at UC Berkeley, and there I obtained my Bachelor's degree in Sociology. I recently graduated with a Master's degree in Business Administration with a focus of general business from Lincoln University, Oakland. While earning my master's, I was able to apply my knowledge and teachings from Lincoln to start my own business, a car dealership named "Autopia Motors". This is how I funded my college tuition and living expenses, all while being titled team captain of the first ever Lincoln University football team."

**Editor:** "Can you share any highlights or memorable moments from your athletic career?"

**Deon:** "I played inside linebacker for the first time of my football career. Traveling to different states every week was very interesting and fun."

**Editor:** "One of the most interesting games you played while on a tour?"

**Deon:** "The most interesting game was Lincoln Oakland versus University of Texas, Permian Basin, where I had a personal record of 20 tackles. That, as well as going into my last football game. Knowing I was ready to hang up my cleats, I gave the game my all and left with no regrets."

**Editor:** "Balancing studies and sports can be challenging. How did you manage your time and stay focused on both academics and athletics?"

**Deon:** "In order for me to stay up to date with school and sports, I made sure I created a relationship with each professor of mine. I made sure I attended office hours and asked for help when needed, or asked what I could do to do better."

**Editor:** "As a student athlete, what kind of support did you receive from the university and your coaches to help you succeed both on and off the field?"

**Deon:** "The University gave me the exact tools I needed to be successful on and off the field. They provided transportation to and from practice and school. The president was also one of the top supporters, which is really rare for a university. I remember during some games I would run to the sideline for a break and had the ability to shake hands with him and his son. They were great supporters!"

**Editor:** "What are your plans after graduation? Do you plan to continue your athletic career or pursue other interests?"

**Deon:** "I decided to hang up the cleats and use the knowledge gained from Lincoln University to make a living. I own a car dealership in Pinole, CA and work for a tech company in the SF Bay Area as an Account Executive. The company I work for has been ranked number one for the last two years as the best company to work for."

**Editor:** "What message would you to convey to current and future students who are trying to balance academics and athletics while pursuing their dreams?"

**Deon:** "Branch out of your comfort zone and make sure you face academics the same way you face sports. The same way it is required to know every teammate of yours, go above and beyond to know every classmate or staff member on campus. The same way you put in the extra work after practice -- whether it's 10 minutes or an hour -- put the same energy into academics. 'Comfort is the enemy of progress.'"

**Editor:** "Finally Looking back on your time at Lincoln, what is the one thing that you are most proud of achieving?"

**Deon:** "Building lifelong relationships with the staff and becoming the first student athlete to graduate, with a masters at that!!!!!"



# JUMBLE WORDS



Identify the 10 American States from the Hints given below:

1. IAINVIGR
2. IEPNASNALVNY
3. STAMHUSTEACSS
4. AREGOIG
5. HOOI
6. YRDLNMAA
7. THSUO NLAIARCO
8. WENSJREYE
9. NRAFOALCII
10. EWNRYKO



## HINTS

1. Home to the first English settlement in the New World (Jamestown) and the birthplace of many US presidents, including George Washington and Thomas Jefferson.
2. Home to the Liberty Bell and Independence Hall, where the Declaration of Independence was signed.
3. Home to the city of Boston, the site of the Boston Tea Party and the beginning of the American Revolution.
4. Known for its peaches, peanuts, and Coca-Cola, as well as the birthplace of Martin Luther King Jr.
5. Home to the Rock and Roll Hall of Fame, and the birthplace of the Wright Brothers, who invented the airplane.
6. Known for its blue crabs and the Naval Academy, as well as the site of the Battle of Antietam during the Civil War.
7. Known for its palmetto trees, Fort Sumter, and the beginning of the Civil War.
8. Home to Atlantic City and the boardwalk, as well as the site of George Washington & crossing of the Delaware River during the Revolutionary War.
9. Known for its beaches, surfing, and movie industry in Hollywood. Home to iconic landmarks such as the Golden Gate Bridge, Disneyland, and Yosemite National Park.
10. Known for the Statue of Liberty, Ellis Island, and the Empire State Building, as well as the birthplace of hip-hop and Broadway.



Share your answers with us @[chronicle@lincolnuca.edu](mailto:chronicle@lincolnuca.edu)



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